

## To My Patients Who Will Undergo a Cervical or Lumbar Fusion:

Medical studies have shown that the family of medicines known as “Nonsteroidals” or anti-inflammatories (NSAIDS) may increase bleeding at surgical sites, and affect your body’s ability to fuse the bony area of the spine where your surgery was performed. If fusion does not take, you may require other surgical procedures. **These medications include both prescription and over-the-counter types.** We ask that you not take any of the medicines listed below **two weeks** before your surgery and until we tell you that your neck or back has successfully fused (90 days minimum) after surgery. In addition, do not take any weight reduction medications. Please call our office if you have any questions.

<u>Brand Name</u>	<u>Generics</u>	<u>Over the Counter</u>
Anaprox	celecoxib	Advil
Anaprox DS	diclofenac	Aleve
Ansaid	diflunisal	Alka Selzer
Arthrotec	etodolac	Anacin
Bextra	fexicam	Arthritis Pain Formula
Cataflam	flurbiprofen	Arthritis Strength
Celebrex	ibuprofen	Bufferin
Clinoril	ketoprofen	BC tablets & powder
Daypro	nabumetone	Carisoprodol Compound
Dolobid	naproxen	Cama Arthritis tablets
Feldene	mefanamic acid	CoAdvil
Fiorgesic tablets	meloxicam	Damson-P
Indocin	misoprostol	Dia-Gesic Improved
Lodine	oxaprozin	Doan’s Pills
Lodine XL	piroxicam	Easprin
Mobic	refecoxib	Ecotrin
Motrin	sulindac	Emparin
Naprelan	tolmetin	Eqagesic tabs
Naprosyn	valdecoxib	Excedrin
Norgesic	oruvail	4-way Cold tablets
Orudis	ketorolac	Gelprin Tablets
Percodan		Midol
Ponstel		Nuprin
Relafen		Pepto-Bismal
Tolectin		Persistin
Tolectin DS		Roxiprin
Toradol		Zoprin
Vioxx		
Voltaren		
Voltaren-XR		